# MANICURES & PEDICURES

# HOLISTIC THERAPIES

We take extra care to keep your own nails healthy	and
strong.	
Just Gel (Gel overlay)	R320
Gel Full Manicure (incl. scrub & massage)	R380
Gel Full Pedicure	R480
Gel Medi-Pedi (treats dry/cracked heels)	R530
Gel Soak Off with mini mani	
(we do not soak-off Acrylic)	RIIO
Express Mani/Pedi (nail shape, buff and paint)	R220
Classic Manicure	
(with nail polish, incl. scrub & massage)	R300
Classic Pedicure	R350
Medi-Pedi (with nail polish)	R450
Men's Manicure/Pedicure	R270

# WAXING

Eyebrow/Lip/Chin	RIOO
Underarm	RI50
Full Arm	R200
Bikini Line	R170
G-String	R200
Brazilian	R290
Hollywood	R320
½ Leg	R220
¾ Leg	R250
Full Leg (Ladies)	R290
Full Leg (Men)	R330
Back/Chest/Tummy	R220

# TINTING

yebrow Tint	RIOC
yelash Tint	RI20

## Zen Wellness Facial By Jackie (2hrs)

R850

Using ancient facial massage techniques to mimic natural muscle movements. Deeply stimulates blood flow and lymphatic drainage as well as relaxes tension in the face, neck and jaw. A sensory journey to uplift overall wellbeing.

#### Reiki

R500

Based on the energy bio-field of the body that regulates everything from your cellular function to your nervous system. Deeply relaxing.

## Ear Candling

R330

Gentle method to release excess ear wax and pressure in your ears.

Treats sinus congestion, headaches, tinnitus.

# Reflexology

R500

Deep pressure-point foot massage. Each pressure point balances and detoxifies the organs and systems of your body.

# Aromatherapy Massage

Pure essential oils are used to relax, heal and destress your mind and body.

30min Back Massage	R420
45min Back Massage	R480
D-Stress & Recharge Back Treatment by Danne	
(refreshing back exfoliation followed by deep	
tissue aromatherapy massage with hot stones)	R600

7 Ateljee Street, Randpark Ridge



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follow us on









FACIALS	
Basic Facials	
Duration: 45-60 minutes	
Basic Facial	R550
Teen Deep Cleanse Facial	
(I2-I8yrs)	R450
Advanced Facials/Peels	
Duration: 60 - 75 minutes	
Anesi Lab (Madrid,Spain)	
Anesi Lab Aqua Vital	
(dehydrated/all skins)	R680
Anesi Lah Harmony	
(dry/sensitive skins)	R690
Anesi Lab Cellular 3 Renewal	
(anti-aging, firming)	R950
Anesi Lab Luminosity	
(anti-pigmentation)	RII50
Anesi Lab Epigenesse Facial	
(deluxe anti-aging)	R1490
Anesi Lab Dermo Peel Strength #I	
(all skins)	R800
BioDermal Skin Tech (SA)	
BioDermal Quick to Glow	
(all skins)	R650
BioDermal AHA Peel	
(all skins, anti-aging)	R700
BioDermal BHA Peel	
(congested/breakout prone)	R700
BioDermal Renu Multiplex Peel	
(anti-pigmentation)	
BioDermal Multi-layer Peel	R900
Essel (SA)	
Essel Hydration	R680

Essel Xpert Peel

DermaFix Facials (SA)	
DermaFix Pro Bright (all skins)	R650
DermaFix C Glow (dull skins)	R700
DermaFix Tightening Enzyme	
(anti-aging, firming, corrective)	R700
DermaFix Texture Boost	
(congested/breakout prone)	R720
DermaFix Vitamin A Boost	
(anti-aging, brightening)	R750
RegimA Peels	
RegimA AHA Peel	
(all skins, anti-aging, brightening)	R700
RegimA BHA Peel	
(acne, oily/breakout prone)	R700
RegimA Double Whammy Peel	
(2 in I intensive peel)	R900

# SPECIALISED SKIN TREATMENTS

## D-Acne Facial by Danne

(targets breakout prone/congested skin and soothes environmentally stressed/inflamed skins for all ages)

# Dermaplane Pro Facial

Skin-smoothing, gentle exfoliation treatment using a sterile blade. Dull skin cells and vellus facial hair ("peach-fuzz") are removed without pain or downtime, leaving your skin silky smooth.

DermaPlane can be added into most facials on our list (extra R300)



#### Micro-Needling (Dr.Pen Pro)

Intensive anti-aging treatment using tiny needles to push active serums deep into your epidermis, while activating collagen and elastin. Numbing cream included. Treats fine lines and wrinkles, hyperpigmentation, scarring, stretchmarks, enlarged pores and overall skin texture.

Downtime +/- 2 days.

Single treatment	R1300
Single treatment with Peel or DermaPlane	RI550

## Spicules RI200

Skin treatment using fresh water Spongilla spicules (biodegradable micro-needles) pressed into your skin to increase collagen and elastin, improve skin texture and tone as well as increase absorption of topical ingredients applied. No numbing required. A prickly sensation is experienced for up to 3 days. Results within 7 days!

## PROFOSMA Jet Plasma by Karmen

R650

R690

A revolutionary skin tightening treatment with no pain and zero downtime! The device penetrates cold plasma (oxide oxygen and ozone plasma) through the epidermis, into the dermal and subcutaneous layers of your skin, improving cellular structure and overall skin texture. Targets fine lines and wrinkles, age spots/hyperpigmentation, acne/breakouts, redness and inflammation. Expect instant results!

One Cycle (3 x Ihr sessions within 21 days)	R5000
Single Session	R1850
Eyes Only	R700

R2300

### I-Want-it-All by Karmen

An intensive skin treatment including enzymes, AHA's/BHA's, microneedling, Jet Plasma.... Need I say more?